



Aware Recovery Care provides a long-term solution for those suffering from the chronic disease of substance use disorder – in the comfort, privacy, and security of your own home.

- Receive one full year of treatment for a cost that is comparable to a typical 28-day inpatient stay.
- Enjoy the comforts of home.
- Mend and grow relationships with family and friends.
- Have regular touchpoints with your care team.
- Go to work and/or school.
- Be active in your community.

Entering the Aware Recovery Care program after an inpatient stay:

- Facilitates a seamless transition to the “real world.”
- Lets you build on your recovery and successes already achieved.
- Ensures a holistic, long-term continuum of care.

”

By the end of my year, I was ready to be a part of my future.”

Home
IS WHERE
recovery
LIVES™



844.292.7372
AwareRecoveryCare.com



You don't need to put your life on hold.

We bring addiction treatment to your home.



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How we help

In-Home Addiction Treatment (IHAT)

An Aware Recovery Care team provides you with supportive, medically-integrated substance use disorder treatment while you live in your own home.

Ambulatory Detox¹

Experience safe, personalized, and virtual withdrawal support from the comfort of your home with our Ambulatory Detox service. Under the guidance of our Nurse Practitioners and Nurses, our program includes a tailored care plan, prescription of medications to manage withdrawal symptoms, and comprehensive education for both you and your support network.

Medication Assisted Treatment (MAT)²

Discover a path to lasting recovery with Medication Assisted Treatment – an evidence-based service that combines proven medications and therapeutic services. Aware's dedicated Nurse Practitioners prescribe tailored medications based on individual needs, and our psychotherapists provide personalized support for you to enable long term recovery.

1. Ambulatory Detox availability is subject to location and is only for AUD and OUD clients who meet the risk assessment criteria based on ASAM Clinical Practice Guidelines.

2. Medication Assisted Treatment availability is subject to location.



Your IN-HOME ADDICTION TREATMENT

Team

Psychiatric Provider

(Psychiatrist, Nurse Practitioner)

- Meets with you to discuss treatment options and goals in order to create a personalized treatment plan.
- Recommends detox if needed.
- Conducts psychiatric evaluation and makes recommendations for personalized treatment, including medication management.

Internal Psychotherapist

- Treats co-occurring disorders.
- Utilizes evidence-based treatment modalities. This can include cognitive behavioral therapy, solution-focused brief therapy and mindfulness-based cognitive therapy.

Internal Family Therapist

- Works with you and your loved ones to assist in the healing process and prepare for ongoing work with a community provider as needed.

Care Coordinator

(Licensed Nurse, Social Worker or Counselor)

Coordinates with a Primary Care Provider and Psychiatric Provider.

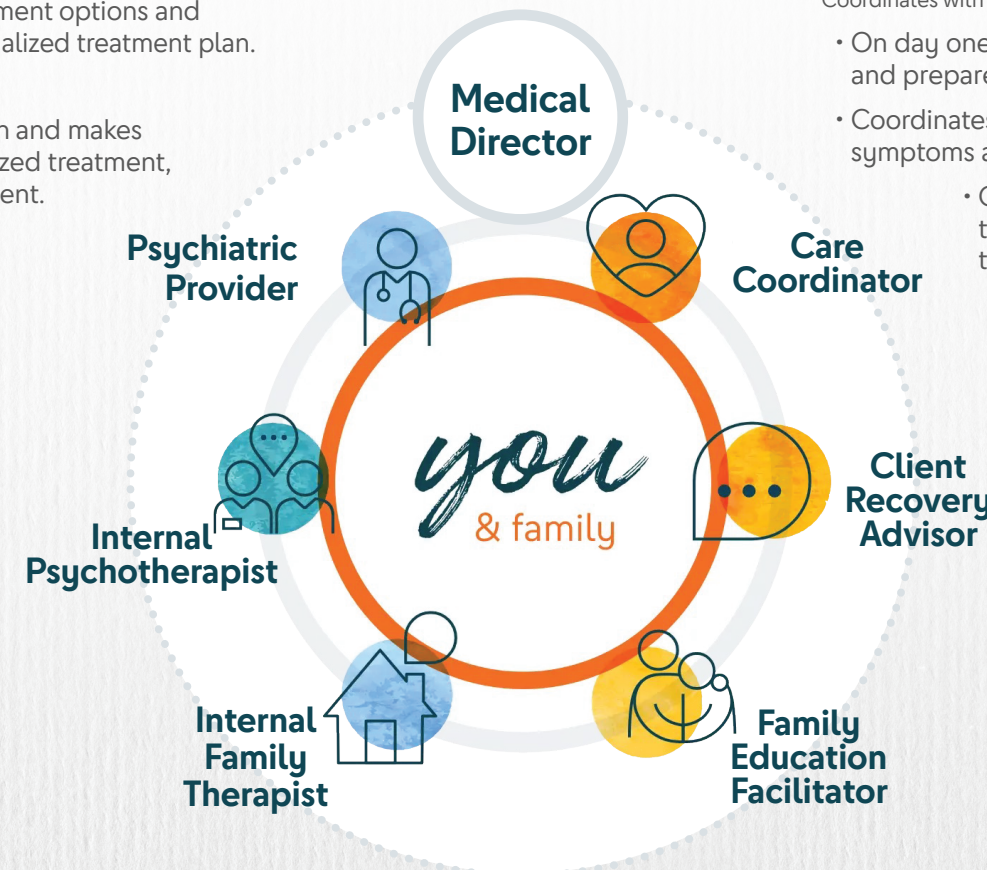
- On day one, conducts a full clinical assessment and prepares the initial treatment plan.
- Coordinates pharmacotherapy to ease withdrawal symptoms and cravings when appropriate.
- Collaborates with external providers, therapists, and specialists to provide the best personalized care possible.

Client Recovery Advisor (CRA)

- Serves as the primary source of peer support and frequently has lived experience.
- Meets in your home and/or community and is accessible by phone.
- Introduces you to support groups in your community.
- Coordinates alcohol and drug screenings.
- Supports you in achieving recovery goals.

Family Education Facilitator

- Provides virtual education and support to those you've identified as allies (family or friends) in your recovery process.
- Education topics include the science of addiction, self-care, the impact of addiction on families, and healthy communication.



Recovery is Transformational:

Addiction impacts every aspect of life, and recovery can, too. Your care team will help connect you to community resources to achieve your goals in many areas of wellness:

- Educational
- Occupational
- Physical
- Spiritual
- Legal
- Social